

**Sampling of Research Documenting Improvement in Autoimmunity
 upon Metal Implant/Device Removal**

Health Condition/s Improved or Recovered	Implant/Device Removed
Amyotrophic Lateral Sclerosis (Lou Gehrig's Disease) Variant: Progressive Muscular Atrophy	Metal denture and titanium screws in knee, among other therapies ¹
Autoimmune Thyroiditis/Fatigue	Dental amalgam mercury fillings ^{2 3 4 5}
Autoimmune/Inflammatory Syndrome Induced by Adjuvants (ASIA)	Nickel-titanium chin implant ⁶
Chronic Fatigue Syndrome (Myalgic Encephalomyelitis/Chronic Fatigue Syndrome)	Dental amalgam mercury fillings and other metallic dental restorations ^{7 8 9 10 11}
Chronic Fatigue Syndrome (Myalgic Encephalomyelitis/Chronic Fatigue Syndrome)	Nickel clips from tubal ligation, dental amalgam mercury fillings and other metallic dental restorations ¹²
Chronic Fatigue Syndrome (Myalgic Encephalomyelitis/Chronic Fatigue Syndrome)	Skull plate made of aluminum, titanium, and vanadium with nickel impurities ¹³
Chronic Fatigue Syndrome (Myalgic Encephalomyelitis/Chronic Fatigue Syndrome)	Titanium screws in cervical vertebra and titanium dental implants ¹⁴

Crohn's Disease	Dental amalgam mercury fillings and other metallic dental restorations ¹⁵
Dermatitis	Cobalt-chromium prosthesis and dental amalgam mercury fillings ¹⁶
Dermatitis	Copper IUD ¹⁷
Fibromyalgia	Dental amalgam mercury fillings and other metallic dental restorations ^{18 19 20}
Multiple Sclerosis	Dental amalgam mercury fillings and other metallic dental restorations ^{21 22}
Multiple symptoms including fatigue, pain, depression, and headache	Dental amalgam mercury fillings and other metallic dental restorations ²³
Oral lichen planus	Dental amalgam mercury fillings and other metallic dental restorations ^{24 25}
Sjögren's Syndrome	Dental amalgam mercury fillings and other metallic dental restorations ^{26 27}
Systemic Lupus Erythematosus	Dental amalgam mercury fillings ²⁸

¹ Mangelsdorf I, Walach H, Mutter J. Healing of Amyotrophic Lateral Sclerosis: a case report. *Complementary Medicine Research*. 2017;24(3):175-81. Available from <https://www.karger.com/Article/Pdf/477397>. Accessed March 15, 2018.

² Prochazkova J, Sterzl I, Kucerova H, Bartova J, Stejskal VD. The beneficial effect of amalgam replacement on health in patients with autoimmunity. *Neuroendocrinology Letters*. 2004 Jun 1;25(3):211-8. Available from <https://pdfs.semanticscholar.org/8f26/9e9db4bc4dbef4ff3f09eebea4dbb4b06d0a.pdf>. Accessed April 11, 2018.

³ Stejskal V, Hudecek R, Stejskal J, Sterzl I. Diagnosis and treatment of metal-induced side-effects. *Neuro Endocrinol Lett*. 2006 Dec;27(Suppl 1):7-16. Available from <http://www.melisa.org/pdf/Metal-induced-side-effects.pdf>. Accessed April 11, 2018.

⁴ Sterzl I, Procházková J, Hrdá P, Bártová J, Matucha P, Stejskal VD. Mercury and nickel allergy: risk factors in fatigue and autoimmunity. *Neuroendocrinology Letters*. 1999;20(3):221-8. Available from <http://www.melisa.org/pdf/nialler.pdf>. Accessed April 11, 2018.

⁵ Sterzl I, Prochazkova J, Hrdá P, Matucha P, Bartova J, Stejskal V. Removal of dental amalgam decreases anti-TPO and anti-Tg autoantibodies in patients with autoimmune thyroiditis. *Neuroendocrinology Letters*. 2006 Dec;27:25-30. Available from http://www.melisa.org/pdf/Sterzl_Am_2006.pdf. Accessed April 11, 2018.

⁶ Loyo E, Jara LJ, López PD, Puig AC. Autoimmunity in connection with a metal implant: a case of autoimmune/autoinflammatory syndrome induced by adjuvants. *Autoimmunity Highlights*. 2013 Apr 1;4(1):33-8. Available from <https://link.springer.com/article/10.1007/s13317-012-0044-1>. Accessed April 11, 2018.

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